

**MUSSOMELI - ITALY**

**INFO PACK**

**LONG-TERM VOLUNTEERING ACTIVITY**

# **ImpAction**



**EUROPEAN  
SOLIDARITY  
CORPS**



**Co-funded by  
the European Union**

**14 NOVEMBER 2025 - 11 MAY 2026**

**10 PLACES AVAILABLE!!**



**STRAUSS**

# IMPACTION STRAUSS - 6 volunteers

**ImpAction** is an international volunteering project in the heart of rural Sicily, designed to combine creativity, education, and solidarity in order to generate tangible community change.

Hosted in collaboration with local organizations, the project brings together young people from across Europe to co-create educational and community-based initiatives that empower youth, foster inclusion, and strengthen active citizenship.

## What You Will Do

As a volunteer, you will engage in a variety of non-formal education activities, workshops, and solidarity-based initiatives. Here are the core tasks:

### 1. Digital Awareness campaigns

- Communicate on priority issues for the EU
- Promote values and youth participation through storytelling and creative media

### 2. Language and training workshops

- Learn new languages and share your own knowledge with the local community
- Co-design and deliver workshops with local and international volunteers

### 3. Community activities

- Support book exchanges
- Implement second-hand markets
- Other solidarity-driven initiatives

### 4. Social activities

- Organize regular themed recreational evenings
- Implement cooperative initiatives developed together with the local community

## CHECK THIS [IG PROFILE](#) FOR THE PREVIOUS VOLUNTEERS PROJECTS

The experience also aims to strengthen the inclusion of young people with fewer opportunities, promote active citizenship, and build strong ties with the community. Volunteers will be involved in flexible and diverse activities, with clear roles and impact-oriented responsibilities, developing transferable skills, personal motivation, and confidence. Together, we will turn ideas into concrete actions.

# IMPACTION CASA ROSETTA - 2 VOLUNTEERS

**Casa Rosetta** is a center dedicated to providing support and opportunities for individuals with physical, intellectual, developmental, or other types of disabilities. Volunteers are involved in facilitating a range of activities with the aim of promoting social inclusion among the center's users.

## What You Will Do

### 1. Volunteer engagement

The organization actively engages volunteers in its activities and programs. Volunteers play a crucial role in assisting and enriching the lives of the individuals with disabilities who use the center's services.

### 2. Art, creativity and drama

The center focus on creative and artistic activities as a means of engagement and empowerment for its users. This include art therapy, creative workshops, drama classes, and other forms of artistic expression that can have therapeutic and developmental benefits.

### 3. Skill development

In addition to creative activities, volunteers may also help individuals with disabilities acquire practical skills. Skill development can enhance their independence and overall quality of life. These skills could include cooking, basic life skills, and vocational training, depending on the specific needs and goals of the users.

### 4. Foster social inclusion

One of the central goals of "Casa Rosetta" is to promote social inclusion. This means creating an environment where individuals with disabilities feel accepted, valued, and integrated into the broader community. Volunteers likely play a vital role in facilitating social interactions, building friendships, and breaking down barriers that can lead to isolation

## CHECK THIS [IG PROFILE](#) FOR THE PREVIOUS VOLUNTEERS PROJECTS

The experience also aims to strengthen the inclusion of young people with fewer opportunities, promote active citizenship, and build strong ties with the community. Volunteers will be involved in flexible and diverse activities, with clear roles and impact-oriented responsibilities, developing transferable skills, personal motivation, and confidence.

# IMPACTION CASA VANESSA - 2 VOLUNTEERS

**Casa Vanessa** serves as a place of refuge and care for children and adolescents who are in vulnerable situations. These minors are facing various challenges, such as abuse, neglect, or other difficult circumstances.

## What You Will Do

### 1. Volunteer engagement

The organization actively involves volunteers in its operations. Volunteers play a crucial role in providing assistance and support to both the staff and the minors residing in the center. The activities can span various areas, such as social, educational, and recreational.

### 2. Social and educational support

Volunteers are expected to help with the social and educational development of the minors. This might include tutoring, homework assistance, life skills training, or mentoring.

### 3. Leisure activities

Proposing and providing opportunities for leisure and recreation is important for the well-being of the minors. Volunteers may be involved in organizing and supervising recreational activities to ensure that the children have opportunities for fun and relaxation.

### 4. Social integration

Part of the mission at Casa Vanessa is to involve facilitating the social integration of the minors. Volunteers may help create an inclusive and supportive environment that encourages the children to build positive relationships and become integrated into the community.

The experience also aims to strengthen the inclusion of young people with fewer opportunities, promote active citizenship, and build strong ties with the community. Volunteers will be involved in flexible and diverse activities, with clear roles and impact-oriented responsibilities, developing transferable skills, personal motivation, and confidence.

# ACTIVITY AND TRAVEL DATES

## ACTIVITY DAYS

**14th NOVEMBER 2025 - 11th MAY 2026**

## TRAVEL DAYS

**Arrival:** you have to arrive up to two days earlier the 14th of November. Either you arrive on 13th or 12th of November

Please note that arrival in other dates (earlier than 12th of November) will affect the reimbursement of travel expenses, which will not occur

**Departure:** you have to leave Mussomeli up to two days after the 11th of May 2026. Either leave on 12th or 13th of May 2026.

Departures in other dates (later than 13th of May) will affect the reimbursement of travel expenses, which will not occur.

**PLEASE NOTE:** If you decide to arrive on 12th of November and/or leave on 13th of May, food and accommodation expense in those extra days will be up to you.



# ARRIVAL AIRPORT

**PLEASE SEARCH AND BUY TICKETS TO LAND IN PALERMO AIRPORT, BECAUSE IT'S EASIER TO GET TO MUSSOMELI FROM THERE.**

Please also search for tickets landing in the morning, or **no later than 1pm**, in order to get to Mussomeli with public transportation. If you land later or in other airports, it's more complicated (not impossible) but there could be the need to spend a night there and in that case, you must cover yourself all expenses related to food and accommodation. In the next page, the information to get to Mussomeli.



# REACHING MUSSOMELI

## FROM PALERMO AIRPORT

It is at the moment the best way because it is better connected with Mussomeli. To get to Mussomeli there are 2 means of transport:

1. Bus "**Prestia e Comandè**" from Airport to Palermo Central Station - around 6 euros
2. Bus "**ATM VIAGGI**" to Mussomeli . There is a daily route until Saturday (only one per day) and the bus departs at 14.15. The bus stop is at **Piazza Giulio Cesare, here**, close to the Central Station. The ticket costs around 8€ and it is possible to buy it on the bus.

It is also possible to reach Mussomeli by train, with "**Trenitalia**" company:

- Train from Palermo Airport to Acquaviva-Casteltermini (direction Agrigento)
- Take the shuttle bus from Acquaviva-Casteltermini to Mussomeli. See next page for the schedule. Last one is at 17.30

# REACHING MUSSOMELI

## FROM ACQUAVIVA-CASTELTERMINI STATION TO MUSSOMELI

There is a shuttle bus that connects the station to Mussomeli and the cost is 2,40€

### SERVIZIO NAVETTA ATM

(SHUTTLE SERVICE - Service provided by ATM - Vaccaro Giuseppa & C. S.A.S)

#### MUSSOMELI – ACQUAVIVA PLATANI – ACQUAVIVA/CASTELTERMINI (STAZIONE FERROVIARIA - TRAIN STATION)

DA (FROM)	A (TO)								
MUSSOMELI	ACQUAVIVA PLATANI	*6:45	8:15	10:00	12:00	12:30	14:45	16:00	17:00
ACQUAVIVA PLATANI	ACQUAVIVA/CASTELTERMINI (TRAIN STATION)	*7:00	8:30	10:15	12:15	12:45	15:00	16:15	17:15
ORARIO DI ARRIVO (ARRIVAL TIME)		*7:15	8:45	10:30	12:30	13:00	15:15	16:30	17:30
DA (FROM)	A (TO)								
ACQUAVIVA/CASTELTERMINI (TRAIN STATION)	ACQUAVIVA PLATANI	7:15	9:15	10:30	12:45	*13:15	15:20	16:30	17:30
ACQUAVIVA PLATANI	MUSSOMELI	7:30	9:30	10:45	13:00	*13:30	15:35	16:45	17:45
ORARIO DI ARRIVO (ARRIVAL TIME)		7:45	9:45	11:00	13:15	*13:45	15:50	17:00	18:00

ATTIVO DAL LUNEDÌ AL SABATO - FESTIVI ESCLUSI  
(FROM MONDAY TO SATURDAY - EXCLUDING HOLIDAYS)

€2,40

\*DAL 15/09/2025 AL 14/06/2026  
(FROM 15/09/2025 TILL 14/06/2026)

# PROJECT BUDGET

The participant will receive a total of €11 per day, composed as follows:

- **€6/day as pocket money**
- **€5/day as food allowance**

Payments will be managed directly by Strauss APS and will be transferred in euros (€) at the beginning of each month.

Regarding travel expenses, reimbursement will be handled by Strauss APS and will take place at the end of the project. The reimbursement will be 100% of the actual eligible travel costs, up to the maximum limit established by the European Commission, based on the official Distance Calculator. This means that:

- If the travel costs are lower than the maximum allowed amount, the participant will be reimbursed for the full amount spent.
- If the travel costs exceed the maximum cap, the reimbursement will be limited to the maximum amount defined by the EU for the relevant distance band.

# TRAVEL BUDGET

Participants must provide to the host and lead organisation all necessary supporting documents (tickets, boarding passes, invoices, etc.) in order to receive the reimbursement.

<b>Travel Distance (one way)</b>	<b>Standard Travel (up to)</b>	<b>Green Travel (up to)</b>
<b>10 – 99 km</b>	€28,00	€56,00
<b>100 – 499 km</b>	€211,00	€285,00
<b>500 – 1,999 km</b>	€309,00	€417,00
<b>2,000 – 2,999 km</b>	€399,00	€535,00

# TRAVEL BUDGET

To determine the EU grant amount for travel, **the one-way distance** from the participant's place of residence to the activity venue must be calculated. For example, if a participant resides in Madrid (Spain) and takes part in an activity in Mussomeli (Italy), the grant is calculated as follows:

- Calculate the one-way distance between Madrid and Mussomeli (e.g., 1538.37 km)
- Identify the correct distance band (in this case it is the 500–1,999 km)
- Apply the corresponding EU travel grant, which offers a flat-rate contribution for a round-trip (e.g., up to €309,00 for standard travel)

**Green Travel** refers to the use of sustainable and low-emission means of transport, such as trains, long-distance bus/coaches, carpooling (with certified documentation), bicycle, walking (when applicable). Boat and ferry are NOT green means of transportation. To be eligible for the Green Travel rate, the majority (more than 50%) of the round-trip journey (both outbound and return) must be completed using green means of transport.

# ACCOMMODATION

Volunteers will be hosted in a large flat. It is surrounded by many of the historical and artistic monuments of Mussomeli. On the ground floor there are the offices of Strauss APS and spaces for recreational and educational workshops, while, on the first floor, on an area of about **390 square meters**, there is the volunteers house.

The flat has **2 entrances**, one internal and connected with the offices below, one independent. House is provided with **5 bedrooms, all with windows, 1 kitchen, 2 bathroom areas, a laundry room and a large terrace**. Various facilities will be provided to the volunteers: **Wi-Fi internet h24, 1 TV, 1 oven, 1 microwave, 2 fridges, 2 hobs, 2 kitchen sinks, kitchen tools, washing machine, 2 washtub, iron and drying racks, 8 washbasins, 5 showers, 5 toilets, bikes** and all the furniture needed to accommodate the volunteers.

The detailed complete address of the accommodation is:

**Via della Vittoria, 8 - 93014 Mussomeli (CL), Italy.**

Volunteers will be the only ones who live in the apartment.



# ABOUT STRAUSS APS

**Strauss APS** is a non-profit organization founded in Mussomeli in 1999 and it has as main objectives the promotion of a multicultural and multi-ethnic society, the dissemination of culture and values of the **European community** in marginal and peripheral areas such as the province of Caltanissetta, and to provide support for young people. Main mission of our organization is in fact to meet **young people's needs** and provide them services for their social, professional, cultural and personal growing.

Target groups of Strauss are **children and young people** from 6 to 35 years old, and many of them are living different disadvantage situation: economic; education; social; geographical, environmental, disability.

Strauss APS is a NGO that promotes international mobility among young people to and from Mussomeli, Sicily or Italy. We offer them the opportunity to develop themselves through various informal and non-formal education programmes. With our work we impact our region and we also connect it to the rest of Europe and the world.

**All this in a diverse and inclusive environment.**



# STAFF STRAUSS APS



**MARIO (JOSE)**



**ERINA**



**ROBERTA**



**DENISE**



**ANTHONY**



**VINCENZO**



**DARIO**



**JESSICA**



**MÓNICA**



# ABOUT MUSSOMELI

It is assumed that the territory of Mussomeli has been inhabited since before 1500 BC. This is witnessed by numerous archaeological sites in the vicinity of the town. In 1370 Manfredi Chiaramonte built the Manfredonico Chiaramontano Castle, in Gothic-Norman style, built on a former Arab fortress, which rises on a cliff up to 778 meters: **“The Eagle’s nest”** is located less than 2km far from the centre.

Despite of being a little town, there are many services offered to the community, In Mussomeli there is a hospital, equipped with first aid, suited to handle the majority of emergencies with a service of medical guard, offering less urgent and complicated services, active during night hours. Three pharmacies are open every day, taking turns to do night service and weekends so you will always find at least one pharmacy open. In Mussomeli there are also a lot of shops Supermarket where you can find everything you need in terms of food, personal care and other products. The biggest ones are open all day long, while the little ones use to close generally from 1.00pm to 4.30pm.



# GET TO OTHER CITIES

Since the city is small, there are no transport service inside the city. Mussomeli is also connected with the main cities of the area and the island: Palermo, Catania, Caltanissetta and Agrigento.

The bus company **ATM Mussomeli** connects Mussomeli to Palermo and back. There is a daily route until Saturday and the bus depart early in the morning at 6.30 from Piazza della Repubblica. To get back there is a bus in the first afternoon at 14.15 from Piazza Giulio Cesare. The bus company **SAIS Trasporti** connects Mussomeli to Caltanissetta and Agrigento, with this last operating only during school period (September to June). The Bus to Caltanissetta leaves from Piazza della Repubblica at 6.30 and the journey takes 1.10h. The same bus leave from Caltanissetta to Mussomeli at 14.20.

10 km far from Mussomeli there is **Acquaviva - Casteltermeni** train station, connected various times a day with a shuttle bus (the timetable in the previous page). Please note that, during days off and holidays and for any personal reasons, volunteers has to organize their own trips to Acquaviva Station to get a train. Only for activities related tasks, exceptional cases or urgent matters, the staff can drive the volunteer to the station by car.



# POLICIES

## PERSONAL HYGIENE

Although we know that there will most probably be no need for it, we feel we must stress the importance of proper personal hygiene in the volunteers' flat and, in general, during all activities. We demand you to:

- Take at least one shower a day;
- Take care of your personal hygiene in general;
- Use deodorants;
- Wash your hair frequently;
- Wash your clothes frequently;
- Clean your rooms frequently;
- Air your room in the morning;
- Throw out your rubbish frequently.

Although you are an individual, you are being hosted and acting in the community on behalf of Strauss and representing your country in a foreign community.

For these reasons, it is of utmost importance to stick to these simple guidelines. Although it may seem insensitive, we will reiterate these requirements during the welcome training and repeat them if needed.

## DRESS CODE AND ALCOHOL

We do not restrict the volunteers' freedom of expression in any way in their personal lives during their voluntary service. However, during activities, especially those with minors, children or disabled people, sober and appropriate clothing is required. Remember that you are being hosted and acting in the community on behalf of Strauss APS and representing your country in a foreign community. Strauss calls for moderation in alcohol consumption and forbids the use of psychotropic substances. It is forbidden also to carry out any activity under the influence of alcohol and other psychotropic substances, even the day after consumption (alcoholic breath, hangover, etc.).



## OTHER INFORMATION

The volunteer must read and understand the **Volunteering Agreement** in all its parts and sign it. As well, it is required the same for this Infopack. Please note that, for security reasons, the entrances of the building and the office floor are under video surveillance 24/7.

# RESPONSIBILITIES

## HOUSE

In order to set a good relationship between volunteers in the house and have normal cohabitation conditions, Strauss APS set some rules all volunteers have to respect. Volunteers will be in charge of the maintaining of their floor, in specific:

- clean the common areas (kitchen, hallways, bathrooms) at least 2 times per week;
- clean dishes, pots and all that will be used in the kitchen, as soon as the breakfast/lunch/dinner is finished;
- keep rooms tidy and clean;
- do not do any change or modification in all rooms and especially in bedrooms;
- do not stick anything or hammer nails or tacks on the walls
- do not take tools, objects or furniture out of the building and neither take into the accommodation something from outside;
- do not accommodate friends and relatives in the structure

## ACCOMMODATION

For logistics reasons, volunteers will be roomed in consideration of the availability of the rooms, always in double or triple bedrooms (if needed even more),

Volunteers could be also asked to change room for some time and specific reasons.

We will always respect your privacy. The cleaning schedule will be introduced and explained as soon as you arrive and will be made all together.



## SMOKING AND HOSTS

It is not allowed to smoke inside the accommodation nor in any room of the building. The smokers can do it only outside of the building and only the terrace and the balconies can be used, but only if volunteers take care not to let the smoke inside the accommodation.

There is no possibility to host guests overnight. Although we are very friendly and hospitable people here in Sicily and we understand what it means stay some period of time far from family and friends, we cannot allow the hosting overnight of other people apart the volunteers.

# CONTACTS AND LINKS



[WHATSAPP](#)



[INSTAGRAM](#)



[FACEBOOK](#)



[TIKTOK](#)



[YOUTUBE](#)



[DISCORD](#)

[SICILY, LAND OF MYTH](#)

[MUSSOMELI, THE TOWN](#)

[YOUR ACCOMMODATION](#)



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