GULTH GPER COMPASS

Youth meeting Infopack

Kaunas, Lithuania

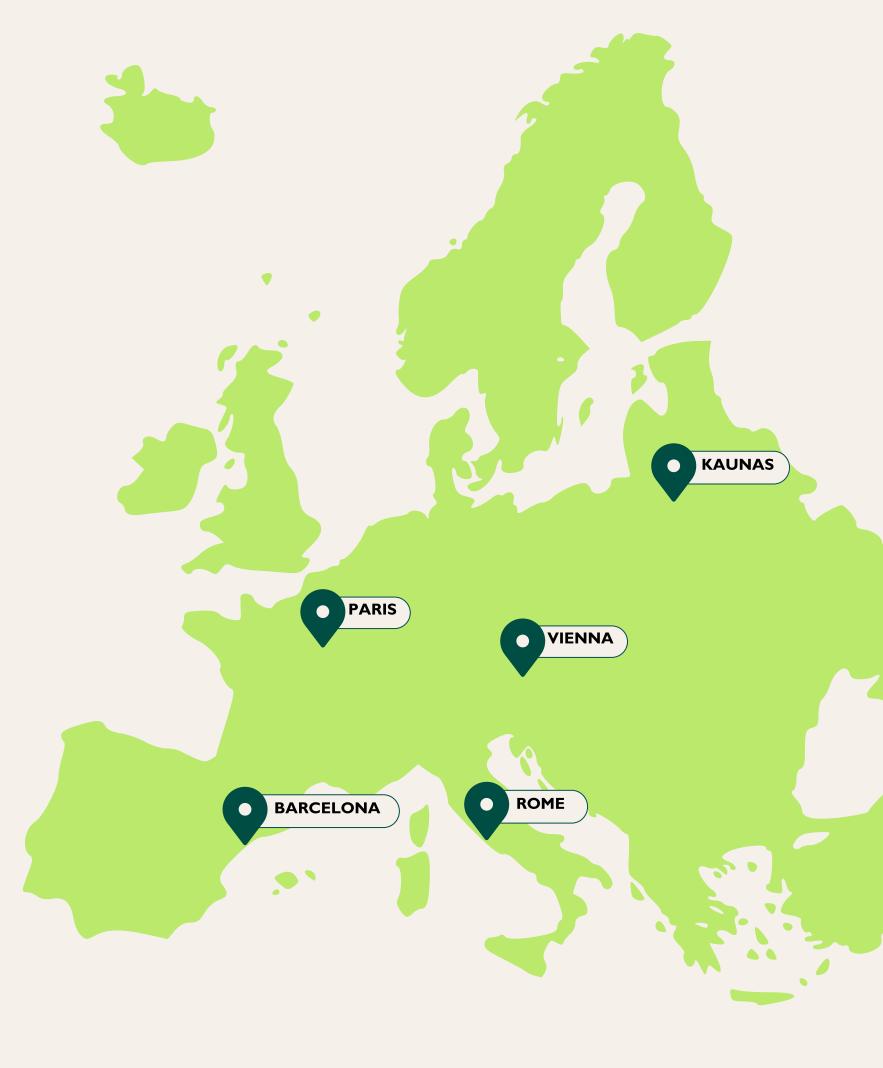
26th September - 1st October 2025



The project

"Youth Green Compass" is an initiative that connects young people from 5 major European cities around environmental sustainability. This project, funded by the European Commission through Erasmus+ program funds, has the following objectives:

- Prepare young people to participate in green initiatives focused on sustainability, while helping them make more conscious choices in their daily lives;
- Create fun and educational materials to strengthen sustainability and environmental awareness among young leaders and youth;
- Empower and engage young people for active participation within the framework of the **European Green Deal**;
- Build a space for dialogue and reflection among youth workers, young people and policymakers at local and national levels to develop sustainable and relevant solutions for the environment.



Youth meeting in Lithuania

As a part of the "Youth Green Compass" project the Youth meeting will be implemented in Kaunas, Lithuania between 26 September - 1 October 2025 aiming to:

- 1. Expand youth knowledge and provide space for a discussion about the environmental problems that affect us and our community by sharing ideas and examples of how to live a more sustainable life.
- 2. Educate young people, give them space and time to brainstorm and come up with the new ideas of helping their local environment to go green and live more sustainable.
- 3. **Encourage youth to take action** for implementing green initiatives locally in their communities and contribute to protecting the environment.

This activity will be implemented following completion of the national-level focus groups and in total will engage 25 young people from 5 participating countries (Lithuania, Austria, Italy, France and Spain).

During the Youth meeting participants will have a chance to meet green activists who will be representatives of different groups and/or organizations.

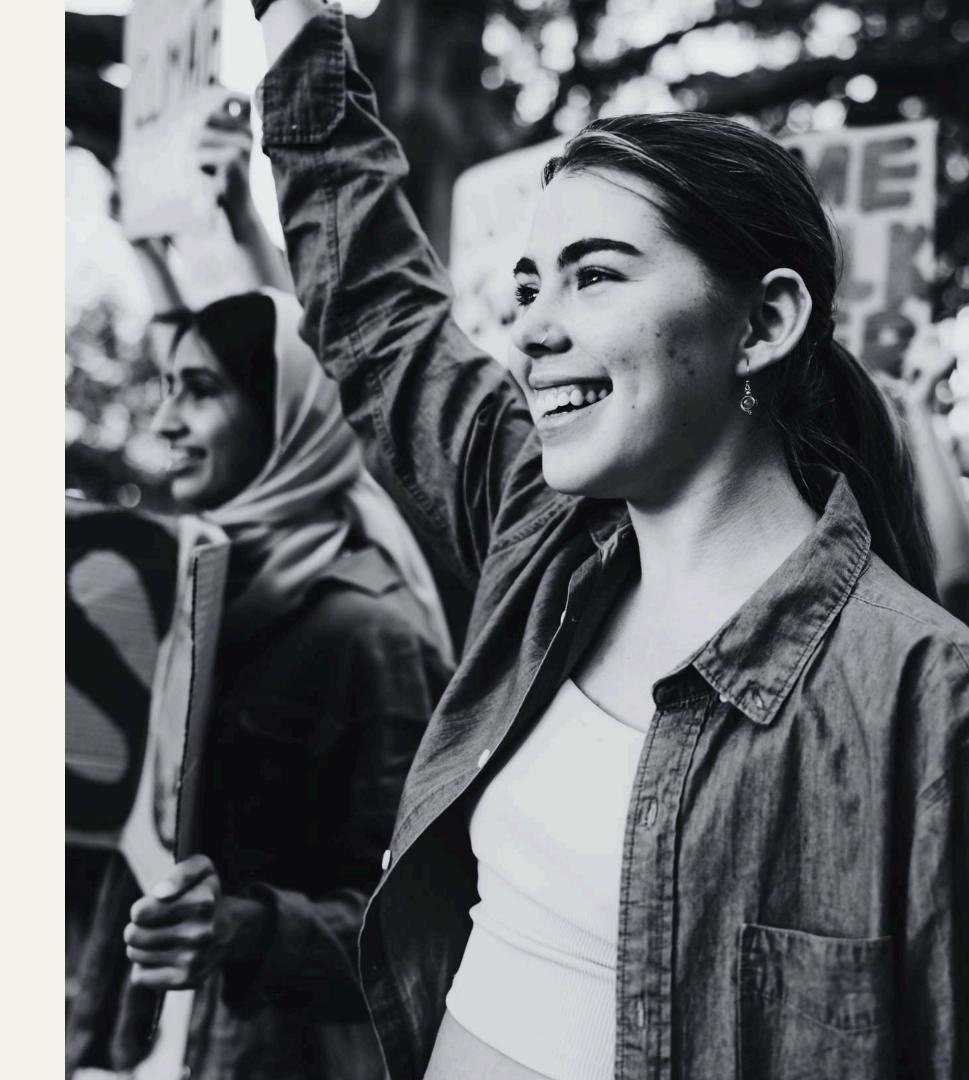


Profile of participants

- Age: 18-29 years old.
- Youth from diverse backgrounds and experience (each group is responsible to involve participants who are actively engaged in environmental protection and sustainability topics, as well as those who are motivated to take action but never been involved).
- Motivated to act as multipliers in their local communities after the Youth meeting by engaging in Green challenges and World Environmental Week which will take place in each participating country in June 2026.
- Able to communicate in English language which will be necessary for all activities.
- Committed to attend for the full duration of the project and actively participate in all project activities (preparation activities, youth mobility and follow up activities).

Each partner is responsible to ensure gender balance in their team.

Participants must be citizens or residents of the country where their sending organization is based.



Dates:

Arrival of participants is on 26th September by 17:00h.

<u>Departure</u> of participants is 1st October in the morning.

Venue

The Youth meeting will take place at Papilio g. 9, Kaunas.

Practical information

Mano Europa organization will be coordinating 5-days Youth meeting, and together with participants ensure the preparation and implementation of foreseen agenda.

The activities will start around 9am and finish around 5pm, including few hours lunch break.

Participants will be hosted in the city center of Kaunas (a few minutes from Kaunas old town).

Participants will be accommodated in the rooms of 2-4 people, each room has a private bathroom. Bedsheets, one towel will be provided.

Bring your own personal hygiene products as it is not provided by the venue (as you are not staying at the hotel). Bring your reusable water bottle!

Bring at least 1 laptop per country, traditional food or anything else you want for intercultural nights (clothes, drinks, items, kahoot etc.)

Each national team is expected to lead at least 1 workshop during the youth meeting. The workshop topic will be announced to the teams before the mobility.

The organizers of the event will ensure 3 meals (breakfast, lunch, dinner) and coffee breaks. The venue can provide regular, vegan or vegetarian diet if you inform the organizers upfront about your dietary needs or allergies.

IMPORTANT: as you are coming to a different country than your home country it is important to understand that the food diet you will have on project will not necessarily be the type of food diet you are used to in your home country.

Traveling to Lithuania

We suggest you to check flights to Kaunas or Vilnius airport.

If you can in Vilnius you can easily reach Kaunas by bus or train and purchase your tickets online.

Train tickets: https://ltglink.lt/en

Bus tickets: https://autobusubilietai.lt/en

IMPORTANT: each participant must save their **boarding passes** and all original travel documents (e-tickets and invoices) and send it to their sending organization after the event.

Arrival is 26th September, departure is 1st October, 2025. On 26th September participants will get dinner (around 7pm). On 1st October participants will depart from the venue after breakfast (by 10 am).

Each participant must have a valid health insurance throughout the event. EHIC card is not enough!



Small steps to prepare yourself for the event

01

✓ 1. Get to Know the Project

As you will participate in the international event, make sure you read the project objectives and agenda carefully. Also, make sure you understand the theme and your role in the activities, as well as expectation after the event.

02

2. Pack Smart &Bring Essentials

Check the weather forecast before arriving to Lithuania as end of September might be quite chilly. Don't forget your ID/passport, health insurance and any necessary medication. Bring personal hygiene items, a reusable water bottle and at least one/two laptops per country.

03

3. Be Ready to

Engage

Prepare a short presentation about the findings from the local focus groups.

Bring ideas, energy and an open mind for group work and intercultural exchange.

Be ready to contribute to the environmental protection!

Contacts

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