

ESC TEAM

BETTER TOGETHER

AMARANTE



THEATER - CREATIVITY - COMMUNITY

APRIL 09

MAY 13

including travel days

# AVENTURA MARÃO CLUBE

QUALITY LABEL REFERENCE  
2021-1-PT02-ESC50-QLA-000007741

We are the hosting organization.  
Find more about us here:

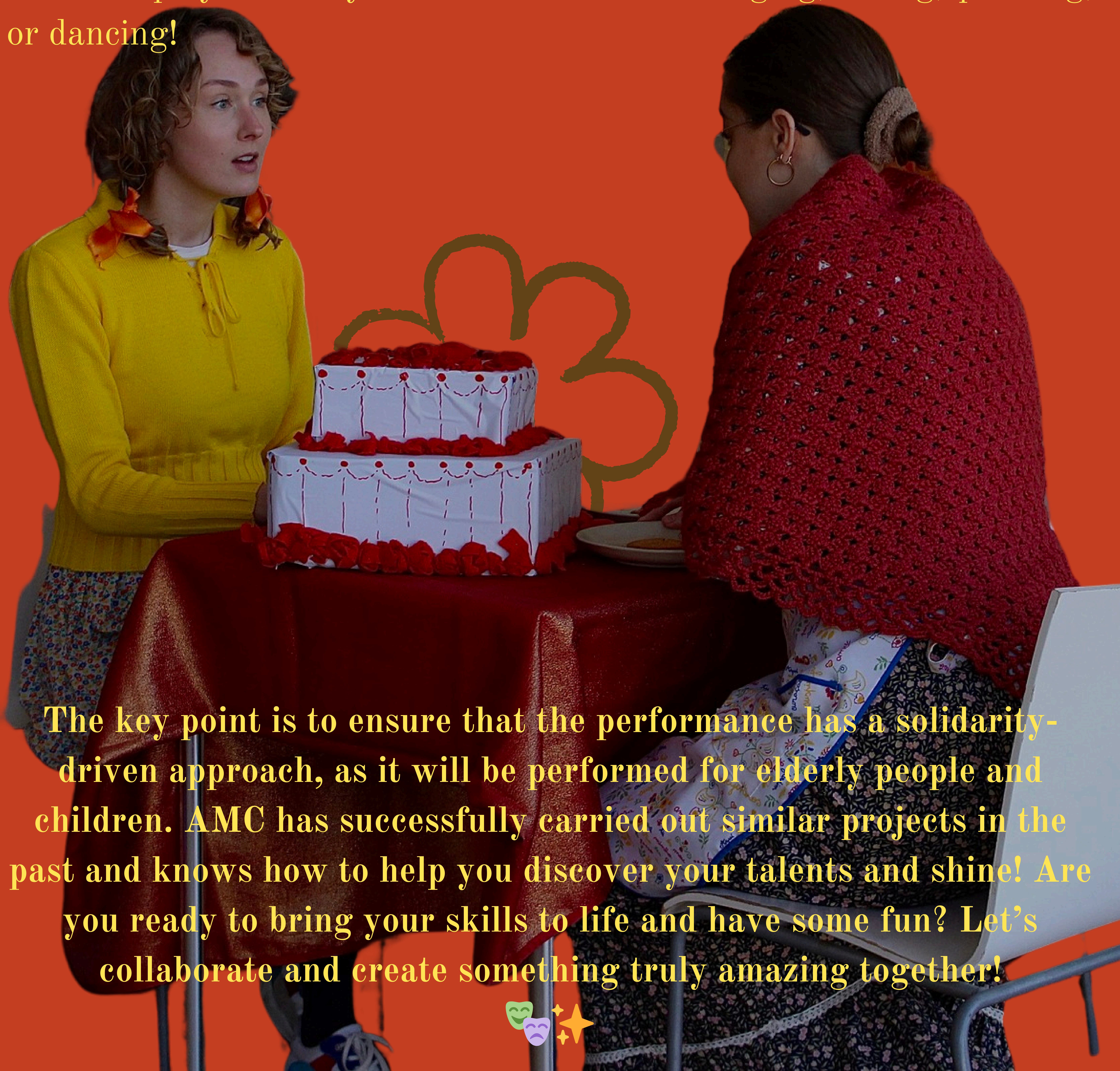


Since 2009, Aventura Marão Clube (AMC) has managed Casa da Juventude de Amarante (CJ Amarante), the first public facility in Portugal run by a private entity. Recently accredited by ESC and Erasmus+, AMC focuses on promoting healthy living, supporting social inclusion, enhancing volunteers' skills through Non-Formal Education, and encouraging intercultural dialogue and European mobility opportunities.



# PROJECT MISSION

This project fosters creativity by working with the ESC team to create a performance for primary school students, presented in late April. Coordinators and volunteers will support all aspects, from scriptwriting to acting. Everyone will have a role, and we're looking for team players ready to share talents like singing, acting, painting, or dancing!



The key point is to ensure that the performance has a solidarity-driven approach, as it will be performed for elderly people and children. AMC has successfully carried out similar projects in the past and knows how to help you discover your talents and shine! Are you ready to bring your skills to life and have some fun? Let's collaborate and create something truly amazing together!



# PROJECT TIMELINE

## **Week 1: Introduction and Planning**

- Introduction to Casa da Juventude youth center.
- Volunteers will meet and get to know each other.
- Brainstorm ideas for the final performance.
- Organize the workload and outline tasks for the upcoming weeks.

## **Week 2–3: Activities and Preparation**

- Begin executing planned activities.
- Develop promotional materials for the event
- Conduct regular check-ins with participants to ensure engagement, adjusting activities as needed.

## **Week 4: Finalization and Performance**

- Finalize all event details.
- Perform the play for groups of primary school students, either at the youth center or at the schools (if they are far from the center).

## **Goals:**

- Explore creativity through diverse approaches, enriching the community with culture and diversity.
- Empower children by delivering meaningful messages that inspire and engage.
- Foster connection and active participation within the community.

# IN SHORT

## Integration

During the integration, we will introduce you to our association, team, and staff. We will also organize a presentation of the city and provide an in-depth overview of the program.

## Project Mission

Your main goal is to create and perform a play in late April, supported by long-term volunteers and Casa da Juventude members. If time allows, you can also explore other activities like working with schools, farms, elderly centers, and more.

## Free time

During the week, free time begins at 4:00 PM or 5:00 PM, depending on the workload. We always start at 9:00 or 9:30 AM. Weekends are free, and on the first Saturday, we will cover your ticket to visit Porto on your own. 😊

## Team building

The coordinator and long-term volunteers will help plan team-building activities like game nights, walks, or anything else you suggest. We'll schedule these together during the program presentation, so feel free to share your ideas, like yoga or other activities!

## Practicalities

You'll stay in dormitories with four beds each, reserved for your group, with separate gender accommodations. Blankets, bed linens, and towels are provided—just bring personal hygiene products. The youth center offers a washing machine, and nearby self-service laundromats are also available. Meals are provided by our vegetarian restaurant, except Sundays, when you'll have a €40 budget to prepare your own food using CJ's facilities. Please let us know of any specific needs to ensure a smooth experience.

## Important

We'll create the schedule together, adding activities that interest you. While the main goal is the performance, if finished early, you can explore other solidarity activities. We're flexible and open to your suggestions!

**Don't forget to share your talents with us! If you need specific items like a guitar, ukulele, or painting materials, let us know before your arrival so we can arrange them together. Theater experience is recommended but not mandatory—our AMC team is an amateur group too!** 😊🎸🎸

# PRACTICALITIES

## Food and Accommodation

Accommodation is provided at the youth center, with free laundry. Participants will share rooms with other team members. The youth center is equipped with internet, workspaces, and a bar/restaurant.

Meals (vegetarian with protein options) are provided Monday to Saturday at the center, with one non-vegetarian dinner per week. Volunteers receive €40/month for Sunday meals (reimbursed with invoices).



## Language Support

Volunteers will have access to the Portuguese Language Basics Course on the EU Academy portal. Once in Amarante, they will also receive basic Portuguese lessons conducted by the long-term volunteers.

## Insurance and Health

Participants will be covered by private insurance through HENNER, which ensures full coverage throughout the project. The registration process will be explained after the volunteers are accepted. For those entitled to an EHIC, the HENNER insurance serves as complementary coverage. Additional details will be provided during the preparation phase.



## Youthpass

Youthpass is the official tool for recognizing non-formal and informal learning in youth projects. Through participation in the ESC team, volunteers will be guided to reflect on their learning journey and will receive a Youthpass certificate at the end of their experience.

# AMARANTE

Amarante is a charming city in northern Portugal, known for its stunning landscapes, historic architecture, and vibrant cultural scene. It offers a mix of nature, rich history, and a relaxed atmosphere, perfect for exploring during your free time. The city is also close to the beautiful Douro River, providing plenty of opportunities for outdoor activities and enjoying local traditions. Additionally, Amarante is well connected to Porto, with affordable daily transport options available.



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